

FECAL PARASITES (F -Para-O)

The shedding of intestinal parasites in faeces is irregular. Therefore it is recommended to take multiple samples a few days apart to exclude an infection (3 samples, 1-3 days apart).

- Pass stool into a clean container (such as a disposable plate) or onto toilet paper.
- Use the spoon on the lid of the sample container to collect stool. If your stool is normal (solid), collect a teaspoonful of stool. If your stool is runny (diarrhoea), collect a tablespoonful of stool. Please note that formaline liquid in the container is harmful. See the note below.
- Close the container tightly. Shake the container vigorously to thoroughly mix the stool with the liquid (formaline).
- Write down your name, social security number and the sample collection date on a sticker. Attach the sticker onto the side of the container.
- Place the container into a plastic bag and close the bag.
- Deliver the sample(s) and this form to the laboratory which provided you with sample collection supplies.

Please fill in carefully the following fields:

Name: _____

Social security number / date of birth: _____

Sample collection date (dd/mm/yyyy): ____/____/____

Have you travelled abroad within the past 6 months? Yes No

Country and date of travel: _____

Have you experienced diarrhoea or stomach pain during or after travel? Yes No

The liquid preservative formaline is harmful

In the case of: Skin contact: Remove clothing and wash the skin with plenty of water and mild soap. Apply moisturizing cream on the skin. Eye contact: Rinse eyes with plenty of water for 10 - 15 minutes. Go to a doctor immediately. Mouth contact: Drink plenty of water. Do not try to vomit. Go to a doctor immediately