

Instructions for the use of the urine sample container and urine sample tube



Urine sample container

Before urinating, open the container without touching the inside of the cup or the inner surface of the lid. Set the lid aside, with the sticker downwards and adapter pointing upwards. Collect urine into the container according to separate collection instructions. Close the lid. Put the sample container on a table. Open the sticker and be careful not to touch the needle underneath.



Urine sample tube

Press the urine sample tube into the opening of the lid with the cap facing down. Press the tube against the needle all the way down. Urine will flow into the tube to the required amount.



Remove the tube and turn the tube upside down several times, but do not shake the tube. Put the sticker of the urine container lid back in place. The urine sample container can be disposed of among normal waste. Write down your name, social security number (or date of birth) and the sample collection date on a sticker. Attach the sticker onto the side on the tube. Fill out the separate urine collection form.