

# COLLECTION OF MIDSTREAM URINE SAMPLES (U -BaktVi, U -Solut)

Avoid eating and drinking during the night. You can drink a glass of water in the morning. Early morning urine specimens are preferred. A minimum four hour incubation time (time in bladder).

1. Wash and dry your hands thoroughly before sample collection. Set the sterile container aside. Do not touch inner surfaces of container.
2. Wash your urogenital area ("lower parts") carefully with warm water using handshower. Do not use any soap.  
Women: WASH/SHOWER from front to back between the folds of skin.  
Men: Retract the foreskin (if un-circumcised), and WASH/SHOWER the glans (head of the penis).
3. Pass a small amount of urine into the toilet, (women, hold labia apart). Then, not stopping the flow, urinate into the container (clean catch method). The container should be 2/3 full. Urinate the rest to the toilet.
4. Transfer urine from the container to the test tube (FILLING LINE). Used container can be discarded.
5. Write the following information on the tube label: Your full name, social security number and date of specimen collection. Fill in carefully this requisition. Submit the urine sample and this requisition (carefully filled in) to the laboratory within the same day of collection.

**Please fill in carefully following fields:**

Name: \_\_\_\_\_  
Social security number/date of birth: \_\_\_\_\_  
Sample taken: date: \_\_\_\_/\_\_\_\_/\_\_\_\_ time: \_\_\_\_\_  
Hours to previous urination: \_\_\_\_\_  
Medication (antibiotics): \_\_\_\_\_  
Symptoms: \_\_\_\_\_  
Weeks of pregnancy: \_\_\_\_\_

**Inquiries:**